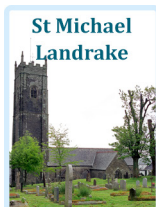
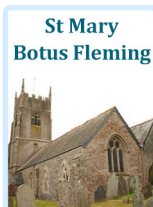


Saltash Area Newsletter

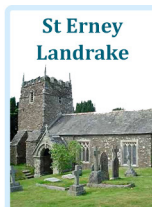
July and August 2019



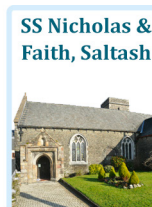
St Michael Landrake



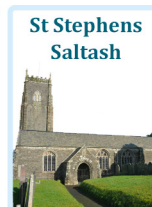
St Mary Botus Fleming



St Erney Landrake



SS Nicholas & Faith, Saltash



St Stephens Saltash

DISCOVERING GOD'S KINGDOM – GROWING THE CHURCH
www.saltashteamministry.org



July/August Regular Events

Mondays
1, 15 July
5, 19 August

2-3.30pm
 St Stephen's Church
 Craft and Conversation

Mondays
8 July, 12 August

7-9pm
 St Stephen's Church
 M.O.S.S.A.F
 Meeting of Men Of
 St Stephens And Friends

Tuesdays
20 August

9.30am
 St Stephen's Church
 Tea and Toast

Thursday
18 July

7.30pm
 St Stephen's Church
 Ladies Group

Fridays
19 July, 16 August

Noon
 S.T.A.R.T Group

Saturday
20 July

3pm
 St Stephen's Church
 Messy Church
 Sports and a picnic



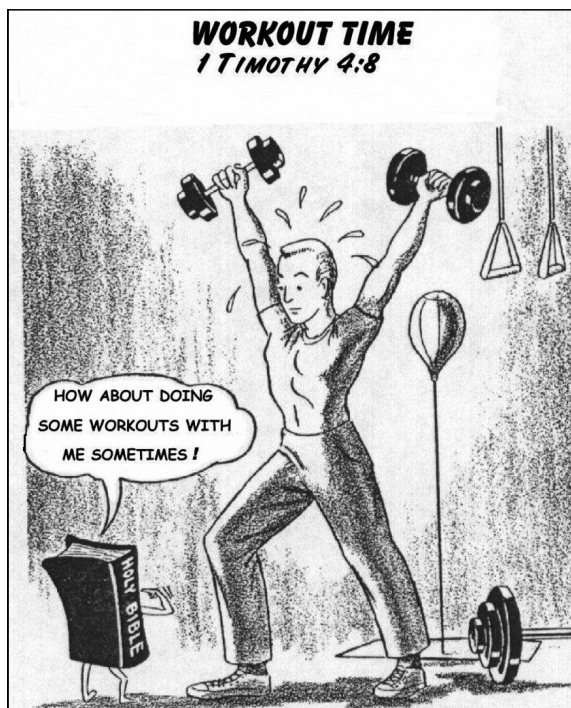
Spiritual Training

Dear Friends,

So as we head for the summer holidays and perhaps the beach, how spiritually fit are you?

Gyms are communities dedicated to helping people acquire physical health and fitness. You go to a gym to learn a set of exercises that will help you develop a more attractive, healthier, fitter body. There is of course, a cost involved. It costs money, time and effort. Yet people do it. 800,000 people a year join gyms, if we believe the statistics. Of course, many don't actually go (apparently Britons waste £37m per year on unused gym memberships and slimming classes!) but we still believe the narrative.

In January alone, and it's not hard to understand why, after the turkey, Christmas pud, chocolate and mince pies have done their worst, it is estimated that around 100,000 people join gyms. Many also head for the gym hoping or praying to lose an inch or three in preparation for the beach.



July/August Special Events

July and August

St Nicholas &
 St Faith Church
 Spotlight on
 Youth Exhibition
 (see page 4 for
 opening times)

Saturday
6 July

10.30am – 2.30pm
 St Stephen's Church
 and grounds
 Summer Fair
 (see page 6)

Saturday
13 July

2-4pm
 St Mary's Church Hall
 Cream Tea

Saturday
27 July

7pm
 St Mary's Church Hall
 BBQ

Saturdays
3, 10, 17, 24, 31
August

10am – 2pm
 SSNF Church Rooms
 All Day Breakfast

Sunday
18 August

3.30pm
 The Rectory
 (St Stephen's, if wet)
 Bring and Share
 Afternoon Tea,
 followed by Compline

SERVICES SUNDAYS

St Stephen's

8am	Holy Communion 7 July, 4 August
10am	All Age Service 7 July, 4 August Holy Communion 14, 21, 28 July 11, 25 August
6.30pm	Evensong 14, 21, 28 July 11, 18, 25 August

St Nicholas & St Faith

8am	Holy Communion 21 July, 18 August
10am	Holy Communion every Sunday in July and August

St Michael, Landrake

9.30am	Family Service 7 July, 4 August Holy Communion 14, 21, 28 July 11, 18, 25 August
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St Mary, Botus Fleming

11.15am	Family Service 7 July, 4 August Holy Communion 14, 28 July, 11, 25 August Morning Prayer 21 July, 18 August
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St Erney, Landrake

11.15am	Morning Prayer 2 July, 4 August Holy Communion 21 July, 18 August
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WEDNESDAYS

St Stephen's

10.30am	Holy Communion
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The keep fit – or perhaps it should be called the get fit industry – has it well worked out. Images of the perfect body, whether male or female, can be seen in magazines and TV adverts trying to tempt the readers to try the latest gimmick to get our bodies into the same perfect state.

Gyms offer the prospect of change, of personal transformation, of the opportunity to do what one could not do before and it is sold in the adverts on TV and in magazines that life will undoubtedly be enhanced and enriched. And many will pay the price, financial, physical and mental to get such transformation.

Churches are the equivalent of gyms for the health and fitness of our spiritual welfare. The early church often used athletic metaphors for the spiritual life. 1 Tim:4 speaks about 'training yourself in godliness', 1 Cor 9: 24-27 compares Christians to athletes who 'go into strict training' and the early Christian monks were often referred to as spiritual gymnasts, with their feats of fasting and endurance. In other words, the early churches saw themselves as gyms do today – communities focused on enabling personal transformation, only this time spiritual, rather than physical. Just as a physically fit person can do things a physically unfit person can't, the same is true spiritually: spiritually fit people can forgive when they are wronged, tithe their income when they have little to spare, keep their temper when provoked and turn the other cheek!

In Jesus Christ, we have seen an image of the perfect soul. This role model may not be featured in OK Magazine or appear on the catwalk, but Jesus does walk with us each and every day. You don't have to be a Christian to realise that life tends to work better if you and those around you strive towards acquiring the qualities we see in Christ – those of patience, kindness, generosity, love, humility and forgiveness.

Just imagine what life would be like if everyone practiced these 'spiritual exercises' every day and if these became the habitual reactions to adversity and life in general? So how spiritually fit are you? Whether you are walking on the moors or sitting on the beach, just remember that Christ is there with you – and give thanks.

Wishing you all happy and spiritually fit summer holidays,
Yours in Christ,
Cathy

Servers' Guild Meetings

Tue 2 Jul, 7.30pm	Guild Office and AGM at St Maurice Church, Plympton
Sat 3 Aug, 3pm	BBQ at 53 Windermere Crescent, Plymouth
Tue 3 Sep, 7.30pm	Guild Office at St Francis Church, Honicknowle
Tue 1 Oct, 7.30pm	Quiet Evening at St Stephen's Church, Saltash
Tue 5 Nov, 7.30pm	Requiem Mass at St Francis Church, Honicknowle
Tue 3 Dec, 7.30pm	Advent Carols at St John the Evangelist, Plymouth

Recent Events

Messy Church



'Water, Water, Everywhere'

The theme at Messy Church this month was 'God's Gift of Water'. Cakes to decorate with palm trees, walking camels, and boats made from junk boxes kept parents and children busy.



There was water to be collected from outside the church to make the shipwreck boat rise to the top of the tank and fish to be caught to provide the answers to Bible quotes.

Colouring fish and trees, to decorate the board which showed the cycle of water in

the world, meant our visitors were entertained and educated about God's wonderful gift.

The Rev'd Cathy lead the service, and the team in the kitchen provided a great spread for tea.

On the 20th of July we shall hold our summer picnic and sports afternoon in Saint Stephen's Churchyard.

Thanks again to all involved in making Messy Church a success.

If you would like to be involved please see Sandra Mckee.



Mothers' Union



On a very cold June day, Chairman Sandra opened the meeting by lighting the Mothers' Union Candle and welcoming everybody. The prayers were said by Margaret Gwynn. The meeting was well attended with one guest.

Looking ahead to the summer, several groups in Cornwall have organised events. St Stephen's Mothers' Union have a stall in July to support our church at the 'Summer Fair'.

Looking forward to our next meeting in July, we will be visiting with a talk, at St Martin's Church Liskeard. We have invited guests to join us and have organised lunch at the 'Lord Elliot'.

Sandra welcomed our guest speaker Andy from 'Livewire' in Saltash. Really we didn't know much about Livewire perhaps only that they played a lot of music. But Andy a youth worker of 29 years gave us an insight that the music plays an important part of the work they do. We forget that the youth of today have many other problems, home life, not fitting in, self harming as well as mental problems that music has provided a good opener for them. They have a chance to learn to play an instrument or some just like to be in safe company. Funding is a constant worry with Saltash Council reducing their donation. But they do have help from many well known musicians and have had groups meetings with them. After Andy had answered questions Sandra thanked him and a donation to 'Livewire' was given.

Sandra closed the meeting and tea and slices of sponge made by member Janice were enjoyed.

On September 7th we are holding our 'Cream Tea' again, tickets will be available nearer the date.

St Nicholas and St Faith Potatoes and Puds

Our Christian Aid event on 16th June was extremely well attended. Fillings for the potatoes were Chilli, Spicy Sausage, Coronation Chicken, Tuna and Sweetcorn, Baked Beans and Cheese. Our result was £130 for Christian Aid.

Recent Events continued

St Stephen's Fundraising Stalls

During June, St Stephen's Church Fundraising Team attended Big 'n' Bouncy at Warfelton Field, Menheniot's Cherry Fayre and Saltash Regatta. A good time was enjoyed at all events. It was fantastic to see so many children having a great time at the Big 'n' Bouncy event organised by Saltash Lions. At Menheniot we were treated to a musical background of a fairground organ and Kernow Samba band as this delightful community event took place. We were supported at Saltash Regatta by so many familiar faces which helped us have bumper sales of over £400.



Some of the team pictured with Town Mayor Gloria Challen

Men of St Stephens and Friends



We had another enjoyable evening at the June MOSSAF meeting. The Rev'd Prebendary Robert Harris of St Mary's Plympton, gave us a talk on his life and his induction to the ministry, in his early 20s.

He spoke of the many parishes he had been appointed to, including Portsmouth, Clevedon, Felpham, Hove and Ilfracombe before being headhunted for his current parish. He also spoke of how his ancestors had been missionaries in China during the Sino/Japanese wars, before being forced to leave by the Communist takeover.

Our next meeting is on Monday 8 July when we will be visiting St Martin's Church, Liskeard for a guided tour by Churchwarden Tony Piper to view its modernisation. If interested, please meet outside St Martins at 7pm or contact Steve Hookway to arrange transport. In August, we meet in Church on Monday 12 August at 7pm for a talk by the Rural Dean Rev'd Chris Painter.

St Nicholas and St Faith Summer Exhibition inside the Church



Exhibitors include:

- Bishop Cornish School & Pre School
- SS Nicholas and Faith Pre School
- St Stephens early learning centre
- Pixie Land Nursery
- Burraton School
- Guide Movement including Brownies & Rainbows
- Live Wire
- Essa Drama
- Flying Start Nursery

In July and August
Wednesdays and Fridays
2pm to 4pm

In August
Saturdays 3, 24 and 31
10am to 4pm
Saturdays 10 and 17
10am to Noon

**Combine your Saturday visit with
an all-day breakfast in the
Church Rooms (10am to 2pm)**

What's On

St Stephen's Summer Fair

**Saturday 6 July,
10.30am to 2.30pm**

Another great event is planned with a good mixture of our fundraising stalls and traders plus entertainment from Burraton Boys, Just Voices, Brunel School Choir, Halfway Harmony and Saltash Town Band. Refreshments including light lunches are also available.

A fundraising event not to be missed. (See page 6 for full details).

The Pelynt Male Choir & Millpool Chorale Choir

**St Stephen's Church
Friday 12 July
7.30pm start**

We welcome both choirs to our Church for a joint concert for another great night of entertainment as songs such as *It don't mean a thing (if it ain't got that swing)*, *With cat-like tread* (Pirates of Penzance) and *The shoop shoop song* (made famous by Cher) are among those to be sang.

The Pelynt Choir

The choir started up on 4 October 1966 when a group of young men started singing a little more seriously following their participation in the village charity concert. Some of the founder members are still with the choir and just as young at heart!



Millpool Chorale

The choir was formed in 1994 to sing at special services at Millpool Methodist Church, a little chapel on the edge of Bodmin Moor.

The choir was soon receiving invitations to sing at venues all over the county and on occasions into Devon.



Tickets costing £5 each are available now from Roger Rowse and John Petherbridge or you can purchase from Piglets, or our Stationery Stall at our Summer Fair or, of course, on the night. Doors open 6.45pm for the 7.30pm start.

Cream Tea

**St Mary's Church Hall
Saturday 13 July, 2-4pm**



Come along and enjoy a delicious cream tea at St Mary's. There will also be a raffle.

BBQ

**St Mary's Church Hall Grounds
Saturday 27 July, 7pm**

£5 includes a burger or hot dog with various side salads. Additional burgers and hot dogs can be purchased if available.

All Day Breakfast

**St Nicholas & St Faith
Church Rooms**

**August Saturdays
10am – 2pm**



What better way is there to spend a Saturday morning than having a fantastic breakfast cooked for you?

Every Saturday in August from 10am, last orders 1.30pm.

Spotlight on Youth

**St Nicholas & St Faith Church
July and August**



St Nicholas and St Faith's summer exhibition. See page 4 for opening times.

Bring & Share Afternoon Tea

**The Rectory
Sunday 18 August, 3.30pm**



Bring and share afternoon tea at The Rectory followed by compline.

Please bring a chair with you. If it's raining we will meet in St Stephens Church.



St Stephen's Church Summer Fair

Saturday 6 July 10.30-2.30

to be opened by our new Town Mayor Councillor Gloria Challen



BBQ – Hot Dogs & Burgers



Church Fundraising Stalls:
Cake 'n' Bakes, New Books,
Handicrafts, Cards,
Stationery & Bric a Brac



Jewellery & Accessories:
Nicky Glow Beads
Scattybun



Food Traders:
Al's Taste of Home
Cornish Gouda Co
Saltash Bakery
Sunningdale Nurseries
(Soft Fruit & Veg)



Plants from
Niggles Nook Nurseries



Cornish Gifts from
Everything Cornish



Lydia's face painting
and glitter/henna tattoos



Grand Raffle, Tombola, Coconut
Shy, Hoopla & Pick a Stick



Charity Stalls: Saltash Lions,
Saltash Town Band and Charity
Crafters supporting Alzheimers



Plus much more!



Entertainment

Inside the Church

10.45am – 11.30am	Burraton Boys
11.45am – 12.15pm	Just Voices of Looe
12.30pm – 1.10pm	Halfway Harmony
1.30pm – 2.15pm	Brunel School Choir

In the Church Grounds

10.50am – 11.30am	Halfway Harmony
11.45am – 12.30pm	Saltash Town Band
12.45pm – 1.15pm	Just Voices of Looe
1.30pm – 2.15pm	Saltash Town Band



Brunel School Choir

Refreshments will be served throughout the event including light lunches and Bacon Rolls

Saltash Great War Commemorative Events



Events and Projects

Over the past 18 months the Committee have organised events and projects to commemorate the 100th Anniversary of the end of the Great War, which has involved many hundreds of individuals in the Saltash Community, clubs and organisations. Over 25 projects have been completed, with arguably, Saltash through the Great War Committee, leading the way with the largest events programme in Cornwall and possibly in the Country.

The events have included:

- Community WWI pebbles painting acknowledging the 140 men from Saltash or associated with Saltash that died in the Great War.
- Installation of the Silent Soldier in the Saltash Memorial Peace Garden.
- Community creation of 17 poppy carpets with over 60,000 poppies entwined into hessian.
- WW1 films and WW1 sing-a-longs.
- Installation of memorial plaques and pictorial boards of Troops leaving Saltash in 1914 to fight on the Western Front.
- Hands across the River Tamar and re-enactments.
- Displays of Perspex Soldiers placed in Church Pews in Churches around Saltash.
- Creation of WWI Anthology of poetry and prose by school children and community members (both sides of the River Tamar).



Wearde, Saltash,

The Committee's work will continue with the installation of another WWI plaque and pictorial board at Wearde, Saltash, where 5,000 Troops were stationed and trained in preparation for their perilous journey to the Western Front. Dozens of them that survived came back to Wearde to recuperate (see photos on the left). This event will include a re-enactment with a dramatic and musical performance to mark what happened at the Wearde Camp at that time. Saltash.net School and many hundreds of houses are built on that historic site now.

For further details of the planned events and schedules please contact Sue Hooper 01752 843073 or Lynn Marsh 01752 844255.

Please email articles to newsletter@saltashteamministry.org or pop them in to the Team Office. Deadline – 20 August.